As I begin to compose my thoughts on a bleak and dreary winter Sunday, I can’t help but think about the bright moment that launched my day.

When I was leaving church earlier this morning, I was approached by a couple who had recently been cared for by Carroll Hospice. As they shared how very supported they felt by our team, I thought “This was hospice at its best”—caring for the patient and the family, providing guidance to facilitate intellectual understanding and emotional acceptance, appreciating their unique story and, of course, helping to create positive memories.

I am often reminded that the charge of hospice to walk alongside families through their experience of care is not widely understood. End-of-life care is more than pills, pumps and tubes. It is the privilege of offering physical, emotional and spiritual comfort, all in equal measure. This demands the talents of highly skilled professionals and committed volunteers.

I realize that another aspect of our care that is subject to myth is that patients must die within 6 months to be eligible for hospice. Determining a prognosis is, at best, an imperfect science. Care can be provided well beyond the 6-month mark if the patient’s clinical diagnosis continues to progress. A patient’s prognosis is re-evaluated on an ongoing basis so that we can continue to bring support and services to those entitled to our care.

Please don’t be shy about reaching out if you need help with a loved one who is seriously ill. We are there for them and for you. If hospice is not the right service, we are committed to helping you find the care that is a better fit for your unique needs.

Appreciatively,

Regina Shannon Bodnar, R.N.
Executive Director, Carroll Hospice
Registered nurse Cindy Polikoff was recently presented with Carroll Hospital's DAISY Award for her extraordinary efforts in helping a patient at Dove House and her sister say their final goodbyes.

While one sister was visiting another at Dove House, she unexpectedly became ill and was admitted to the hospital. While the sister was waiting at the hospital for testing, the Dove House patient began to quickly decline. Cindy knew that the sisters would want to say their final goodbyes, so she went above and beyond to arrange for the two to see each other one last time.

“Cindy is an extraordinary nurse who always puts patients and families first. She made an enormous difference in the lives of these two sisters by making their final moments together precious and unforgettable,” said Stephanie Reid, vice president of patient care services and chief nursing officer at Carroll Hospital. “She truly is deserving of this DAISY Award.”

The DAISY Award honors outstanding registered nurses or licensed practical nurses each month to recognize his or her extraordinary efforts in delivering exceptional patient care.

**New Suicide Loss Support Group**

A new Suicide Loss Support Group has formed to help community members who are facing this distinct type of loss.

“Suicide griever have three basic needs as they begin their journey to recover from their loss: to understand their bereavement is a ‘normal’ aftermath of an abnormal and tragic loss; to have support in coping with their grief; and to develop an understanding of suicide and the dynamics leading to the loss of their loved one,” says group leader Jill Englar, Carroll Hospice’s director of bereavement and volunteers.

Suicide loss is different from other losses, explains Englar, because of the stigma it often carries and misconceptions that may cause loved ones to feel isolated and even abandoned. Group attendees will receive support and help with understanding the question of “why?” with those in similar circumstances.

“While suicide is beginning to be seen as the outcome of a process of physical and psychological breakdown, many people still regard it as a conscious decision on the part of their lost loved one,” she says. “This leads the bereaved to viewing the suicide as the victim’s decision to leave them rather than as a response to unbearable pain.”

*The Suicide Loss Support Group meets the second Tuesday of each month from 6:30 to 8 p.m. at Carroll Hospice’s Dove House. No registration is required. For more information, please call 410-871-8000.*
A Life Well Lived
Throughout his life, Albert Straub combined his love for music and sports. From the time he attended East Stroudsburg College—where he studied to be a physical education teacher—he played Dixieland jazz and swing music on the cornet and trumpet.

After he returned from serving in the navy in World War II, Albert and his bride Anita moved from Philadelphia to Maryland, where Albert taught physical education for 18 years. Anita shared his love of sports, and each season it seemed like Albert was coaching a different team, remembers the couple's daughter Andrea Mikos. Later in his career, he earned his master's degree and became a guidance counselor at Franklin Senior High School in Reisterstown for 18 years.

Albert played his cornet at Orioles FanFest for years, with his last performance taking place at age 92 in 2014. He also played at the Orioles' opening day for the past 35 years. And when Nationals Stadium opened in Washington, D.C., in 2008 he performed there, too.

Other gigs included the Jerry Lewis Telethon, and he even performed at a vice presidential inaugural ball. “He didn’t care who he played for. He didn’t care where he was. As long as he was playing, nothing impressed him,” says Andrea. “As long as he could play his music, it was fine.”

Albert continued to share his love of music until he could no longer. For years, he played from memory, but when dementia set in and that became too difficult for him, he transitioned to reading music. He kept on performing until about two years before his death this January at age 96.

Before moving to Carroll Lutheran Village in 2006, Albert and Anita lived in Sykesville for close to 40 years.

When staff at Carroll Lutheran Village noted that Albert’s health had begun to decline, they recommended that the family explore hospice care, says Andrea. The family had experienced Carroll Hospice’s care previously, when Anita passed away in 2008.

“Although Andrea was living out of state, she had open communication with Carroll Hospice’s staff.”

Andrea remembers the care her father provided for her mother at that time. “My dad—who had never done laundry, never cooked, had never done any of those chores because it was my mom’s responsibility—when she went on hospice care, he did everything for her,” she says. “That’s how devoted he was to my mom. He didn’t want anybody else taking care of her but him. He thought that was part of his marriage.”

Although Andrea was living out of state, she had open communication with Carroll Hospice’s staff. She received regular calls from a social worker and chaplain, and she was frequently updated by her father’s hospice nurse on his condition. And, when Andrea came to visit Albert over the summer, his hospice nurse made certain that her schedule was arranged so that she could have a face-to-face meeting with Andrea to discuss her father’s care.

Albert’s friend and longtime Carroll Hospice volunteer Hazel Rectanus remembers Albert for his love of music and his dry sense of humor. The two met when both were downsizing at Carroll Lutheran Village after the death of their spouses.

In talking, they found they had a lot in common. Both were from Philadelphia and had lived three blocks away from each other, though they didn’t know each other at the time. Both had majored in physical education, and Albert’s wife, Anita, had even gone to the same high school as Hazel.

Albert had a “terrific ear” for music, and his real love was the trumpet, says Hazel. She accompanied him to Orioles FanFest for his last performance there, and he taught her plenty about baseball—maybe a little too much.

“He taught me more about it than anyone needs to know,” said Hazel with a laugh. “He was a great guy.”
End of Life: Quality or Quantity?

By John W. Middleton, M.D.

Over my career as a family practice doctor, many aging patients have asked me how to prepare for the end of life. It is my belief that we must always ready ourselves for the end of our lives. We must first recognize our own mortality. Everyone, including me, will continue to grow older; with age comes chronic conditions, serious medical issues and sometimes terminal diagnoses.

Modern medicine advances continue to treat and cure illnesses, but every disease follows a somewhat predictable course, and medicine has its limitations. Understanding the progression of a disease, treatment options available and expected prognosis is paramount. Often, precious time is spent on treatments that, ultimately, won’t benefit the patient or change his or her condition.

Two options that many might be unaware of are palliative care and hospice care and the distinction between the two. Palliative care focuses on relief from symptoms and can be used during treatment. Hospice care also focuses on comfort of the patient and relief of symptoms but is for patients who have stopped curative treatment and have a prognosis of 6 months or less. The decision to use palliative care or hospice care is difficult to make and should involve the patient, family and care team.

I often caution patients that undergoing treatment may only prolong life and decrease quality of life. It has always been my philosophy that quality of life is more important than quantity of life. That’s not to say that I don’t want my patients to live long, fulfilling lives, but that I want them to enjoy every second available, making the most of their lives. At Carroll Hospice, we want to maximize our patients’ lives. Death is an inevitability, but we want to make every moment count.

Dr. Middleton is the medical director at Carroll Hospice.
Off to the Derby with Taste of Carroll

The 19th Annual Taste of Carroll is just a few weeks away! This premier event raises funds for Carroll Hospice’s compassionate end-of-life care and bereavement support services.

“All proceeds go to support the major growth each year of inpatient hospice care,” says 2018 Taste of Carroll chair Robbin Nolen. “Much of this care is uncompensated. Hospice also serves several families with no ability to pay.”

The funds also go to supporting the many programs that are not reimbursed by Medicare or commercial insurance plans, such as the We Honor Veterans program, Camp T.R. for children and the 13-month bereavement program for families, says Nolen.

Attendees will be able to sample cuisine and spirits from the area’s top restaurants and beverage vendors, making this one of the most delicious events of the season.

Returning to Taste of Carroll this year is the use of a mobile silent auction platform to make bidding easy and fun. Participants will be able to view and bid on silent auction items electronically one week before and during the event, and they will be notified if they have been outbid—all by cell phone.

Attendees are invited to wear their Derby day finery and hats to the event. “It’s the perfect way to spend a Monday evening,” Nolen says. “Come, eat, drink and meet some amazing people—all who want to give back to a community supporting individuals at a special stage of their lives. Carroll Hospice offers care like no other.”

A special thanks to our sponsors, including Presenting Sponsor BB&T, for their support of this important event.

Taste of Carroll

APRIL 30, 2018
Carroll hospital east pavilion | 291 Stoner avenue, westminster

GENERAL TASTING EVENT | 6 – 9 p.m.
Early bird tickets $85 per person by April 15, 2018
$100 per person after April 16, 2018

For more information or to purchase tickets, visit CarrollHospice.org
Tickets are limited and available now on a first-paid, first-served basis.
Carroll Hospice relies on support from the community to continue to provide services to those at the end of life. In calendar year 2017, more than 3,000 individuals and businesses made charitable donations supporting Carroll Hospice totaling nearly $1 million. Private support is vital for Carroll Hospice to meet the needs of many patients and families.

Every effort has been made to ensure the accuracy of the list of donors. If we have inadvertently misspelled or omitted your name, please accept our apologies and contact the Hospice development office at 410-871-7220 so we may correct our records.

Founders Circle Members
Represented on this list are the individuals who contributed $1,000 or more and businesses/organizations that contributed $2,500 or more to benefit Carroll Hospice between January 1, 2017 and December 31, 2017. If you would like to become a member of this amazing group of visionaries, learn more at CarrollHospice.org/Ways-of-Giving

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Each year, Carroll Hospice receives many gifts in memory of loved ones and special friends. The following is a list of people remembered through memorial gifts received between January 1, 2017 and December 31, 2017. If you would like to make a contribution in memory of someone special, please visit CarrollHospice.org/Ways-of-Giving.
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Belva Sanders  
Samuel Santiago  
Carmela Santuci  
George Sauter  
Edward Sawaya, Jr.  
Shirley May Scannell  
Catherine B. Schaeffer  
Edward Schaffer  
Catherine Walsh Scheper  
Sandy & Paul Schlaf  
Dolores Schlipper  
Joe Schmitz  
Nancy S. Schott  
Larry E. Schreiner  
Ernest C. Schroeder  
Geary Schuchhardt  
Stephen Schuette  
Ruby S. Schurman  
James Schwartz  
Eileen Sealing  
Patricia Sealing  
Sam Sealing  
Frederick C. Sebly  
Gilbert Seibel  
Faye Seifert  
Nancy Seifert  
Harry J. Seigman  
Paul Seitz  
Fred Selby  
Rebecca Semeniuk  
Elizabeth “Betty” Ann Sensabaugh  
Mary Serio  
Rudy Serra  
Anita Setlen  
Frank E. Shamer, Sr.  
Howell Shamer  
John “Jack” Shanahan  
Jayna Shank  
Bernice Shannon  
Mildred A. Shaw  
Eleanor Shelley  
Dewey Shifflett  
Jodi Shinowski  
Alice Mildred “Milly” Shipley  
Charles Shipley  
Loy K. Shipley  
Ruth Shipley  
Schura Shriver  
Eugene Sines  
LaRue Sipes  
Herman Sirk  
Joan L. Six  
Wayne Slate  
James Sluger  
Helen E. Smeak  
Annaliese Smith
Memorials, continued

Bill Smith  
Catherine J. Smith  
Cathy Smith  
Gary Smith  
Gwendllyn Smith  
John Allen Smith, Sr.  
Ruth Smith  
Stanley Smith  
Thelma E. Smith  
Virginia Smith  
Allan W. Snyder  
Vernon Snyder  
Joseph Sohn  
Marlene W. Sohn  
Bessie A. Somerville  
Jean Spangler  
Raymond E. Spangler  
James J. Spence  
Phyllis Spencer  
Frank Spruill  
Charles Stambaugh  
Helen S. Stambaugh  
Geneva Steil  
Doris Steinberg  
Agnes Stem  
George Stem  
Richard W. Stem, Sr.  
Rosemary Betty Stem  
Truman Stem  
Charles Stevens  
James E. Stewart  
Marjorie R. Stewart  
Olen C. “Plink” Stewart  
Virginia Stewart  
Arthur Stanley Stone, Jr.  
Barbara “Babes” Stone  
James Stonesifer  
Louise Stonesifer  
Robert H. Storey  
James V. Stracke  
Carroll “Dean” Strauss  
Debra J. Stricker  
Joseph E. Stricker  
Bernard Struck  
Mary P. Stubler  
Ruth Stum  
Henry Sturgeon  
Diane Summers  
Robert Summers, Sr.  
Mary Ann Super  
Marvin Sussman  
Elwood Swam  
Mary Rita Jefferson Swan  
Reb Swecker  
Alison Switzer  
Ronald Tait  
George & Alice Tan  
G. P. Tarleton  
Ruth Tawes  
Bernice Elaine Taylor  
Donald Taylor  
Marling M. Taylor  
Nancy A. Tenney  
Stephanie Testudine  
Helen Thomas  
Jill Thomas  
Aiden Thompson  
Brynn Thompson  
Dorothy J. Thompson  
Grace Thompson  
Randy Thompson  
Joel Tidman  
Marguerite Tiedemann  
Robert Tiedemann  
Faye Tipton  
Nancy Toombs  
Joseph P. Toscano  
Beth Townsend  
Helen Trainer  
Glenn Trimmer  
Martha S. Trimmer  
Robert Trout  
Harold G. Trumper  
Joyce Tuchmann  
Dorothy Turfle  
David Turner  
Eleanor Turner  
Judy Tyler  
Phyllis Ullman  
Ralph Unglesbee  
Helen Frances Urs  
Mildred Valenzia  
Katherine S. Valianti  
John F. Valliant  
Nilo L. Vidi  
Vivian Vierra  
Robin Lynn Von Hagel  
Judith Wagner  
Carolyn Wakefield  
Herbert C. Waldheim  
Brenda Waleff  
Elizabeth G. Wanzt  
Glenn E. Wanzt  
Gregory Wanzer  
Harold Wanzer  
Richard Wanzer  
Rose Wardenfelt  
Barbara Warnken  
G. Vernon Warrington, Jr.  
Grace Warthen  
Sylvia Weant  
Jonathan James Webster  
Grace Marie Weidner  
Martin & Kristin Weinig  
Joan Weinreich  
Ruth & Jim Weisshaar  
R. Norman Weller  
Bob & Mary Welsh  
Larry Wentzloff  
Gloria Werking  
Mary Ellen Weyand  
David Weyer  
Clarence Leroy Whalen  
Thelma Whalen  
Thomas J. Whalen, Jr.  
Ann White  
Francis White  
Mary Jane White  
Richard T. White  
William Whitecotton  
Ed Whitehurst  
Ruth Whitehurst  
Sarah Whistestone-Steen  
Jerry Whitlock  
Mary Dell Wickham  
Dean Widerman  
Butch Wiles  
Shirley Wiles  
Joyce Willhide  
R. J. Will  
Gloria L. Williams  
Irene Williams  
Willbar L. Williams  
Bev Wilson  
Hilda Wilson  
Ralph V. Wilson, Sr.  
Roland Wilson  
Russel B. Wilson  
Yuhlon P. “Sis” Wilson  
Isabelle Windsor  
Francis Wiseman  
Frank Wiseman  
Genevieve Wiseman  
Richard Wiseman, Sr.  
Carl Wisner  
Nikke Wolf  
Patsy Wolfe  
Jack Wood  
John Bruce Wood  
Elise Wooden  
J. Vincent Woodfield  
Evelyn Woodhead  
Dan Woodruff  
James & Nannie Woodward  
Joan Wright  
Wilbur & Dorothy Wright  
Robert B. Yamin  
Rose Yeager  
William L. Yeager  
Elizabeth Arlene Yingling  
Linda Yingling  
Mary Lee Yingling  
William Yohn III  
Kathleen P. Yox  
Edward Zabel  
Al Zanella  
Mary Jeanette “Jeannie” Zellers  
Eric Zimmer  
Catherine Zincon  
Irene C. Zoulias

Guardian Angels

The Carroll Hospital Foundation’s Guardian Angel program offers the opportunity to honor a doctor, nurse or other caregiver who has touched your life in an important way. For more information or to honor a caregiver, please visit CarrollHospitalCenter.org/Guardian-Angel

John C. Abel, M.D.  
Karen Antosca  
Elizabeth Dolecki  
Robin Elza  
Nancy Ginsberg  
Amy Moore  
Cynthia Polikoff  
Ann Schlossnagle
Annual Report of Carroll Hospice 2017 Donors

Bricks

Through our commemorative brick program, Carroll Hospice offers a lasting way to memorialize your loved ones or pay tribute to someone special. Each inscribed brick is placed outside of the main entrance of the Dove House. The following is a list of donors who purchased bricks from January 1, 2017 to December 31, 2017.

Mr. Steven Abel
In Loving Memory of John W. Dunty, Jr.

Mr. & Mrs. Norman Armstrong
D. Wayne Gailey, Great Husband, Father + Friend

Mr. & Mrs. Paul R. Baker
In Memory of Loy Shipley

Ms. Sandra M. Baker
In Memory of Donald J. Grefi, 1943-2017

Mr. & Mrs. Claude Bohn
Douglas E. Bohn, 1948 - 2014

Carroll Hospice
In Memory of Wesley Martin, 10/19/00 - 07/07/17

Mr. & Mrs. Howard U. Constantine III
Vivian Vierra, 1/28/1921 – 2/5/2017, Thanks Hospice

Mrs. Shirley F. Dill
Ruth Shipley, Sister of Charles Dill

Mrs. Elizabeth G. Dolecki
In Memory of Mike DeLonge, Mrs. Elizabeth G. Dolecki

Mr. Carroll Few
Hazel V. Few, In Loving Memory, Her Husband, Carroll Few and Family 8/17/2017

Ms. Donna Fine
In Loving Memory of Carl Wisner

Mr. & Mrs. Geary Fisher
In Memory of Buckye Garver, 6/25/23 - 4/19/17
In Memory of Elizabeth G. Wantz, 6/25/23 - 4/19/17

Mr. & Mrs. George W. Forrester
In Memory of Helen Gloria Forrester

Ms. Charlotte F. George
Char George

Mr. A. J. Gironda III
Scott R. Burgoon, A Friend’s Best Wingman - AJG III

Mrs. Gladys B. Glass
Love, Eldridge Glass

Mr. & Mrs. Jason E. Haag
In Memory of Brian Gibbons, We Love You Dad
In Memory of “Ike” Earl Haag, We Love You Dad

Mrs. Veronica Harbaugh
IMO Andrew Macharsky, 1957-2017

Mr. C. Walter Haschert
In Memory of My Beloved Frieda Haschert, 1921 - 2016, Walt Haschert

Mrs. Linda Hikel
In Memory of Dwight Hikel, 1938-2017

Ms. Marilou K. Hoy
In Memory of Richard John Kazlouski

Mr. Richard Knight
Jean Knight, 1945-2016, Devoted Wife, Mother & Grammy, We Love You!!

Mr. & Mrs. Robert J. Krebs, Jr.
Lockhart, Pat & Georgia, 1923-2010, Mom, Dad, Gma, Gpa, Beloved Always

Mr. & Mrs. Bob Leatherman
Loving Wife, Mother, Grandmother, Great Grandmother, 1927-2017

Ms. Theresa Love
In Loving Memory Kathleen P. Yox

MJ Maids LLC
In Loving Memory Barry E. Durm, Sr. at Peace 11/28/17

Ms. Ann G. Naill
In Memory of Shirley M. Buchler, 5/10/1932-7/9/2016
In Memory of William R. Noble, Jr. 11/24/1951-10/16/2012

Ms. Jessie B. Peeling
Loving Memory of Charles R. Peeling, From His Family

Mr. Gary & Mrs. Victoria Peltier
IMO Andrew Macharsky, 1957-2017

Mr. James Perry
In Loving Memory of Buford Perry, Husband, Father, Pop Pop, GGranpop, We All Miss You

Mr. & Mrs. Edward M. Peters
In Memory of M. Louise Peters

Mrs. Jeannette M. Petrides
Ernest Petrides, Husband, Father, Grandfather, Great Grandad, Loving Memory

Mr. & Mrs. Brian Pomeroy
In Memory of Robert & Joan Haertig, From Bobbi, Robin, Jodi, Toni & Ronni “Your Beautiful Daughters”

Mr. & Mrs. Charles J. Powers
Loving Memory of Sydney Marr, from Laurie & Chuck

Mr. Bruce Reamer
In Memory of Loy K. Shipley, A Great Person

Ms. Eileen Reed
In Memory of Dennis Reed, 4/27/36-5/2/17

Ms. Kathleen Russ
You Are Very Special People

Ms. Bettijane Shaffer
In Memory of Sylvia M. Fetter, Love You Mom

Ms. Deborah L. Spittel
In Memory of Gordon & Anna Spittel, All My Love Deborah Spittel

Ms. Wanda Thompson
In Our Hearts, Lorraine Bowen, 1923-2017

Ms. Patricia Tyson
In Memory of Thelma Whalen

Ms. Erica L. Ward
From Laurie & Chuck

Mr. James Perry
Loving Memory ofBuford Perry, Husband, Father, Pop Pop, GGranpop, We All Miss You

Mr. & Mrs. Edward M. Peters
In Memory of M. Louise Peters

Mrs. Jeannette M. Petrides
Ernest Petrides, Husband, Father, Grandfather, Great Grandad, Loving Memory

Mr. & Mrs. Brian Pomeroy
In Memory of Robert & Joan Haertig, From Bobbi, Robin, Jodi, Toni & Ronni “Your Beautiful Daughters”

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In Memory of Dennis Reed, 4/27/36-5/2/17

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You Are Very Special People

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In Memory of Sylvia M. Fetter, Love You Mom

Ms. Deborah L. Spittel
In Memory of Gordon & Anna Spittel, All My Love Deborah Spittel

Ms. Wanda Thompson
In Our Hearts, Lorraine Bowen, 1923-2017

Ms. Patricia Tyson
In Memory of Thelma Whalen

Ms. Erica L. Ward
From Laurie & Chuck

Mrs. Mary E. Whalen
Amazing Grace

For Caring Hearts

Honorees

The following is a list of special friends and loved ones who were honored through gifts made to Carroll Hospice between January 1, 2017 and December 31, 2017. If you would like to honor someone special, please visit CarrollHospice.org/Ways-of-Giving

Bob & Karolyn Bair
Gloria Bair
Mary Bakewell
Jessica Barker
Cassandra Day Beck
Luke Benton
Melanie Berdyck
Ronald Billing
Regina Bodnar
Lisa Burmeister
Edward B. Devan, Sr.
Charles W. Ellison III
Arthur Ginsberg
Linda Grogan
Wanda Hall
Ralph E. Henry
Shirley Hersh
Charles C. Horn
Dick Kaltrider
Jane Kaltrider
Bobby & Janice Kirkner
Richard & Laura Knight
Barbara Kreinar
Anna E. Lister
Ray Long
Charlotte Lowe
Frank & Theresa Malta
Gary & Sheri Maring
Paul C. Merkel
Harold Miller
Jules Panneetn
Betty Patterson
Rev. Dr. Colin Phillips
Louis E. Potter
Rose Potter
Lorna Rice

Romaine Schnauble
Robert Shelley
Marge Simmons
Susan Simmons
Zelida Lawason
Ronald Smith
Anthony Torosky
Ken & Peg Watkins
Phyllis Zumbrun
Because of your support:

- More than $15,000 was raised for the quality care and services Carroll Hospice provides;
- More than 300 ornaments were purchased in honor or memory of loved ones and pets; and
- More than 40 items donated for auction from our generous community supporters.

Thank you to all who took part in this cheerful and heartwarming event! View a full list of donors and a slideshow of the creatively decorated holiday items at CarrollHospice.org/season-to-remember.

Exciting news! A Season to Remember will be extended this year! The 2018 Season to Remember will take place Monday, November 19 to Friday, November 30, 2018.

Carroll Hospice Wish List

Carroll Hospice is always in need of items for patients and their families. To see the current needs, visit CarrollHospice.org/Wish-List. For more information, please call 410-871-8000.